Passport to Success
Promoting Youth Development through Life Skills

UNESCO Regional Expert Meeting for the Follow-Up of CONFINTEA IV in Africa Praia, Cape Verde; November 2012

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BACKGROUND - IYF
The International Youth Foundation envisions a world where all young people achieve their full potential and shape the future with power and confidence.

- Founded in 1990, committed to preparing young people worldwide to lead healthy, productive and engaged lives
- Programs are catalysts for change, helping at-risk youth obtain a quality education, gain employability skills, and improve their communities
- Strong metrics ensure accountability, learning, program improvement, and best practices
- Expertise in partnerships with companies to co-create and co-design programs with impact
- A community foundation or “global fund” for youth
- Grant-making, technical assistance, building local capacity
Global Partner Network

175 Partners in 78 Countries
Global Partner Network

Our country partners are:

- Well-vetted and tested
- Leaders in youth development
- Grounded in local community
- Strong relationships with national governments and private sector
- Committed to “best practice” programs and measurable results

Examples:

- LEAP Africa
- Nigeria
- Synapse Center
- Senegal
- Vocational Education Training Authority (VETA)
- Tanzania
- African Center for Women, Information and Communications Technology (ACWICT)
- Kenya
WHAT IS PASSPORT TO SUCCESS (PTS)?
What is the PTS program?

- Targets vulnerable youth, 12-21, who are in school but at risk of dropping out, as well as those that are out of school, out of work, or working in dangerous environments.

- A key measure of success is the extent to which young people are either in school or employed six months after participating in the program.
Life Skills: A Shared Definition

- Abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of work and everyday life.
  - Make informed decisions
  - Solve problems and think critically
  - Communicate effectively
  - Build healthy relationships
Common Themes

• Inter-personal communications
• Self-confidence, Self-esteem
• Creative thinking
• Healthy life choices
• Conflict management
• Team Work
• Ethical work and personal behavior
Key Elements of PTS Model

- Quality and adaptability of curriculum
- Service-Learning
- In-Depth teacher training
- Mentorship of teachers
- Rigorous Monitoring and Evaluation
PTS Curriculum Structure

• Experiential, interactive pedagogical methods

• Holistic approach from person to community

• 74 Lessons divided into 7 Units
  – Personal Competencies (20)
  – Problem Solving and Managing Conflict (4)
  – Healthy Behaviors (7)
  – Effective Work Habits (22)
  – Entrepreneurship Skills* (10)
  – Service Learning (10)
  – Closure (1)

*being piloted in 2012
PTS: WHERE, WHO, HOW?
Where is PTS?

Currently, PTS is operating in 19 countries and has been translated and adapted into 17 languages.

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Who do we target?

To date, PTS has reached more than: 62,000 young people.

In addition, over 2,300 youth educators and teachers have been trained to deliver the program.
Where do we intervene?

• PTS has been successfully tested in a variety of venues, including:
  – Public and private primary and secondary schools, both in and out-of-school programs
  – Vocational technical institutes
  – Youth-serving non-profit organizations
  – Teacher training colleges
  – Orphanages (in progress)
Teacher Training Colleges and Universities

- Tested PTS model with college students in Hungary and Mexico
- Students received credit/volunteer hours for taking PTS course and leading practicum in secondary public schools
- Teaching the next generation of teachers and social workers in interactive teaching methodologies
Teacher Training

4/5 Day Training of Trainers

• Interactive workshop that models what the youth experience in the life skills lessons

• Systematic feedback process for all trainings
PTS SPOTLIGHT: SENEGAL
PTS in Senegal

To date, has reached over 4,400 youth and 200 educators in:

- 4 regions,
- 9 departments,
- 36 schools and
- 34 communities.
PTS Implementation

• 60 modules adapted to Senegalese contexts & translated into French
• TOT for teachers, NGO & community leaders
• Program duration: 6 months, max. 2 hours/day
• Service Learning Project
• On-going Monitoring and Final Evaluation report (in progress)
Teacher Training in Senegal

**In Schools**
- 96 teachers trained
- 35 coaches
- 160 hours of training of trainers

**In Youth Centers**
- 70 youth educators trained
- 20 coaches
Impact on Facilitators

- Relationships with students improved
- Quality of instruction improved
- PTS methodology incorporated into other, non-life skills classes
- School administrators indicated that PTS TOT should be mandatory for all new teachers
Moussa Sakho - Zinguinchor

“I have participated to many workshops in the past but I must admit that I learned a lot in term of methodology and new life skills. I intend to actually transmit this knowledge and know-how to young learners.”
Impact on Students

- Students demonstrated life skills in classroom
- Student-Student & Student-Teacher communication improved
- Increased student motivation & decreased drop-out rate
- Students utilized life skills in other classroom settings & at home
Diarra Koma, CEM
Diaroume, Sedhiou

“Before I was always hiding and crying alone when I felt bad. Since, I participate to the program and followed the class on "Understanding Emotions & Managing Strong Emotions", I can better manage my emotions and build better relationships with my family and peers.”
Impact of Service Learning

• Youth gain sense of accomplishment & self-confidence from service learning
• Youth identify future career path linked to community development needs
• Community-School linkages strengthened
• Projects provide solutions to community-based needs
MONITORING & EVALUATION
M&E Tools

- Pre/post surveys
- 6-month follow-up survey after graduation
- Facilitator Assessment Forms (completed by both mentors and youth)
- Focus group interview questions and protocols
- Lesson Assessment Forms (completed by facilitator)
OK, So What Have We Learned?

• In general we have found that the program works
  – Measured life skills increase, often by statistically significant amounts
  – There are positive changes in optimism and hope
  – There are positive effects on school and employment outcomes
Factors influencing PTS outcomes

- Dosage
- Fidelity to Model
- Program Intensity
- Facilitator Training on Model
- Peer-to-Peer Mentoring for Facilitators
- Age/Role of Facilitator
- Voluntary vs. Compulsory
THANK YOU!

"I can..."

be a leader
empower women
mobilize young people
do anything
improve my community
be a doctor
connect youth
educate
prevent violence

international youth foundation
Celebrating 20 Years